



Use the **YOUR SAFETY JOURNEY** Video to Chart a Course to Safer Driving

Unsafe driving is the leading cause of crashes involving commercial motor vehicles (CMVs).*

Unsafe driving behaviors pose the potential for severe injuries and tragic human loss—and serious business impacts, from financial costs to legal liability.

Whether you're a new CMV operator, an experienced carrier who wants to prioritize safety, or a carrier that needs to address unsafe driving, this video provides a framework to help identify and understand unsafe driving risks, plan for a culture of safety, and put your safety plan into action.

**Source: March 2006 Report to Congress on the Large Truck Crash Causation Study, Table 7, p. 13*



To view and download the video, scan this QR code or visit
www.fmcsa.dot.gov/safety/carrier-safety/saferdriving

What You Will Learn From **YOUR SAFETY JOURNEY**:



Understanding Unsafe Driving

- Examples of Unsafe Driving Behaviors
- Personal and Business Risks and Repercussions



Planning a Culture of Safety

- Policies and Procedures
- Roles and Responsibilities
- Driver Qualifications and Hiring
- Training and Communication
- Safety Monitoring and Tracking



Putting Your Safety Plan into Action

- Prioritizing Action
- Incentivizing and Enforcing Safety
- Safety Training and Communication

For additional FMCSA CMV carrier and driver safety resources such as tools, tips, materials and videos, visit **www.fmcsa.dot.gov/resources-for-drivers**.